

British Masters Cross Country Relays

at Long Eaton, Derbyshire on Saturday 19th November 2016

Race 2 - M45 Stage 1 – Final Results

Pos	Name	Club	Leg Time				
1	Darren Newbould	Hallamsh45	10:02		9	Ian Chant	LongEato45 11:12
2	Tony Lambert	Richmond45	10:15		10	Phillip Shaw	Mansfiel45 11:19
3	Ian Whyman	Rotherha45	10:31		11	Matthew Robinson	Peniston45 11:23
4	Mark Havenhand	Barnsley45	10:41		12	Martyn Brunt	Coventry45 11:28
5	David Lockett	SalfordH45 A	10:48		13	Gary Cragg	HolmePie45 11:44
6	Glenn Baird	SuttonIn45	10:48		14	Gary Elkington	NorthDer45 11:52
7	Charles Lound	DulwichR45	11:02		15	Jonathan Maston	Rushclif45 12:06
8	Sean Beard	NeneVall45	11:10		16	Stew Jones	BurndenR45 12:50

Race 2 - M45 Stage 2 – Final Results

Pos	Name	Club	Leg Time	Cum Time	Time Gain				
1	Stuart Maycock	Hallamsh45	10:33	20:35	0	15	Andrew Lees	NorthDer45	13:34 25:26 - 1
2	Andrew Pearson	Richmond45	10:42	20:57	0	Fastest runners over stage 2:			
3	Stephen Davies	DulwichR45	10:22	21:24	+ 4	1	Shaun Dimelow	Peniston45	10:11
4	Roger Alsop	SalfordH45 A	10:41	21:29	+ 1	2	Stephen Davies	DulwichR45	10:22
5	Keith Littlewood	Barnsley45	10:51	21:32	- 1	3	Stuart Maycock	Hallamsh45	10:33
6	Shaun Dimelow	Peniston45	10:11	21:34	+ 5	4	Roger Alsop	SalfordH45 A	10:41
7	Dean Cross	SuttonIn45	10:59	21:47	- 1	5	Andrew Pearson	Richmond45	10:42
8	David Neal	NeneVall45	10:52	22:02	0	6	Keith Littlewood	Barnsley45	10:51
9	Howard Darwin	Rotherha45	11:32	22:03	- 6	7	David Neal	NeneVall45	10:52
10	Edmond Murden	LongEato45	11:43	22:55	- 1	8	Dean Cross	SuttonIn45	10:59
11	Nigel Watkin	Mansfiel45	12:02	23:21	- 1	9	Howard Darwin	Rotherha45	11:32
12	Richard Jones	HolmePie45	12:45	24:29	+ 1	10	Edmond Murden	LongEato45	11:43
13	Marcus Taylor	BurndenR45	11:51	24:41	+ 3				
14	Martin Findlay	Rushclif45	13:08	25:14	+ 1				

Race 2 - M45 Stage 3 – Final Results

Pos	Name	Club	Leg Time	Cum Time	Time Gain				
1	David Palmer	Hallamsh45	10:46	31:21	0	15	Martin Spencer	HolmePie45	15:28 39:57 - 3
2	Ken Harker	Richmond45	10:58	31:55	0	Fastest runners over stage 3:			
3	Tony Tuohy	DulwichR45	10:36	32:00	0	1	Tony Tuohy	DulwichR45	10:36
4	Charles Foster	SalfordH45 A	10:56	32:25	0	2	David Palmer	Hallamsh45	10:46
5	Martin Ball	Peniston45	11:10	32:44	+ 1	3	Andrew Dickenson	LongEato45	10:56
6	Paul Whittingham	SuttonIn45	11:17	33:04	+ 1	4	Charles Foster	SalfordH45 A	10:56
7	Christopher Mooney	NeneVall45	11:11	33:13	+ 1	5	Ken Harker	Richmond45	10:58
8	Liam Tart	Barnsley45	12:00	33:32	- 3	6	Martin Ball	Peniston45	11:10
9	Andrew Dickenson	LongEato45	10:56	33:51	+ 1	7	Christopher Mooney	NeneVall45	11:11
10	Andrew Roscamp	Rotherha45	12:06	34:09	- 1	8	Paul Whittingham	SuttonIn45	11:17
11	Ged Naylor	Mansfiel45	11:27	34:48	0	9	Ged Naylor	Mansfiel45	11:27
12	Colin Rigby	BurndenR45	11:37	36:18	+ 1	10	Colin Rigby	BurndenR45	11:37
13	John Malcolm	NorthDer45	13:03	38:29	+ 2				
14	Martin Phillips	Rushclif45	13:52	39:06	0				

Race 2 - M45 Stage 4 – Final Results

Pos	Name	Club	Leg Time	Cum Time	Time Gain				
1	Mark Crawford	Richmond45	10:47	42:42	+ 1	15	Mark Enstone	HolmePie45	14:21 54:18 0
2	Micah Wilson	Hallamsh45	11:31	42:52	- 1	Fastest runners over stage 4:			
3	Holger Betz	DulwichR45	11:23	43:23	0	1	Mark Crawford	Richmond45	10:47
4	Robin Clough	Peniston45	11:19	44:03	+ 1	2	Andy Wetherill	Mansfiel45	10:58
5	Brent Stevenson	SuttonIn45	11:32	44:36	+ 1	3	Robin Clough	Peniston45	11:19
6	Trevor Rayner	SalfordH45 A	12:22	44:47	- 2	4	Holger Betz	DulwichR45	11:23
7	Chris Armstrong	NeneVall45	11:48	45:01	0	5	Timothy Baggs	LongEato45	11:30
8	Timothy Baggs	LongEato45	11:30	45:21	+ 1	6	Micah Wilson	Hallamsh45	11:31
9	Robert Davies	Barnsley45	12:08	45:40	- 1	7	Brent Stevenson	SuttonIn45	11:32
10	Andy Wetherill	Mansfiel45	10:58	45:46	+ 1	8	Chris Armstrong	NeneVall45	11:48
11	Nigel Brookes	Rotherha45	12:26	46:35	- 1	9	Robert Davies	Barnsley45	12:08
12	Andy Warburton	BurndenR45	14:40	50:58	0	10	Trevor Rayner	SalfordH45 A	12:22
13	Morton Hoejbjerg	Rushclif45	12:58	52:04	+ 1				
14	T Elkington	NorthDer45	14:00	52:29	- 1				

Race 2 - M45 Stage 5 – Final Results

Pos	Name	Club	Leg Time	Cum Time	Time Gain				
1	Gregg McDonald	Richmond45	10:37	53:19	0	9	David Brooksbank	Barnsley45	11:36 57:16 0
2	Dean Furniss	Hallamsh45	11:01	53:53	0	10	Paul Parkin	NeneVall45	13:03 58:04 - 3
3	Mark Foster	DulwichR45	11:46	55:09	0	11	Paul Risley	Rotherha45	11:53 58:28 0
4	Antony Wright	Peniston45	11:18	55:21	0	12	Paul Christie	BurndenR45	13:11 1:04:09 0
5	Paul Birkett	SalfordH45 A	11:02	55:49	+ 1	13	Steve Bennett	NorthDer45	13:17 1:05:46 + 1
6	Paul Butcher	Mansfiel45	10:17	56:03	+ 4	14	David Sweet	Rushclif45	13:57 1:06:01 - 1
7	Paul Dobbs	SuttonIn45	11:38	56:14	- 2	15	Neil Devonport	HolmePie45	13:01 1:07:19 0
8	Michael Howard	LongEato45	11:00	56:21	0				

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M45 — Team Results — Final

(nn) is team position after the appropriate stage.

<p>1 Richmond & Zetland H M45 53:19</p> <p>1 Tony Lambert (2) 10:15 2 Andrew Pearson (2) 10:42 3 Ken Harker (2) 10:58 4 Mark Crawford (1) 10:47 5 Gregg McDonald (1) 10:37</p> <p>2 Hallamshire Harriers M45 53:53</p> <p>1 Darren Newbould (1) 10:02 2 Stuart Maycock (1) 10:33 3 David Palmer (1) 10:46 4 Micah Wilson (2) 11:31 5 Dean Furniss (2) 11:01</p> <p>3 Dulwich Runners Ac M45 55:09</p> <p>1 Charles Lound (7) 11:02 2 Stephen Davies (3) 10:22 3 Tony Tuohy (3) 10:36 4 Holger Betz (3) 11:23 5 Mark Foster (3) 11:46</p> <p>4 Penistone Footpath Runners M4 55:21</p> <p>1 Matthew Robinson (11) 11:23 2 Shaun Dimelow (6) 10:11 3 Martin Ball (5) 11:10 4 Robin Clough (4) 11:19 5 Antony Wright (4) 11:18</p> <p>5 Salford Harriers & Ac M45 'A' 55:49</p> <p>1 David Lockett (5) 10:48 2 Roger Alsop (4) 10:41 3 Charles Foster (4) 10:56 4 Trevor Rayner (6) 12:22 5 Paul Birkett (5) 11:02</p> <p>6 Mansfield Harriers M45 56:03</p> <p>1 Phillip Shaw (10) 11:19 2 Nigel Watkin (11) 12:02 3 Ged Naylor (11) 11:27 4 Andy Wetherill (10) 10:58 5 Paul Butcher (6) 10:17</p> <p>7 Sutton In Ashfield H M45 56:14</p> <p>1 Glenn Baird (6) 10:48 2 Dean Cross (7) 10:59 3 Paul Whittingham (6) 11:17 4 Brent Stevenson (5) 11:32 5 Paul Dobbs (7) 11:38</p> <p>8 Long Eaton RC M45 56:21</p> <p>1 Ian Chant (9) 11:12 2 Edmond Murden (10) 11:43 3 Andrew Dickenson (9) 10:56 4 Timothy Baggs (8) 11:30 5 Michael Howard (8) 11:00</p> <p>9 Barnsley AC M45 57:16</p> <p>1 Mark Havenhand (4) 10:41 2 Keith Littlewood (5) 10:51 3 Liam Tart (8) 12:00 4 Robert Davies (9) 12:08 5 David Brooksbank (9) 11:36</p>	<p>10 Nene Valley Harriers M45 58:04</p> <p>1 Sean Beard (8) 11:10 2 David Neal (8) 10:52 3 Christopher Mooney (7) 11:11 4 Chris Armstrong (7) 11:48 5 Paul Parkin (10) 13:03</p> <p>11 Rotherham Harriers & Ac M45 58:28</p> <p>1 Ian Whyman (3) 10:31 2 Howard Darwin (9) 11:32 3 Andrew Roscamp (10) 12:06 4 Nigel Brookes (11) 12:26 5 Paul Risley (11) 11:53</p> <p>12 Burden Road Runners M45 1:04:09</p> <p>1 Stew Jones (16) 12:50 2 Marcus Taylor (13) 11:51 3 Colin Rigby (12) 11:37 4 Andy Warburton (12) 14:40 5 Paul Christie (12) 13:11</p> <p>13 North Derbyshire Rc M45 1:05:46</p> <p>1 Gary Elkington (14) 11:52 2 Andrew Lees (15) 13:34 3 John Malcolm (13) 13:03 4 T Elkington (14) 14:00 5 Steve Bennett (13) 13:17</p> <p>14 Rushcliffe Ac M45 1:06:01</p> <p>1 Jonathan Maston (15) 12:06 2 Martin Findlay (14) 13:08 3 Martin Phillips (14) 13:52 4 Morton Hoejbjerg (13) 12:58 5 David Sweet (14) 13:57</p> <p>15 Holme Pierrepont Rc M45 1:07:19</p> <p>1 Gary Cragg (13) 11:44 2 Richard Jones (12) 12:45 3 Martin Spencer (15) 15:28 4 Mark Enstone (15) 14:21 5 Neil Devonport (15) 13:01</p> <p>Incomplete Teams:</p> <p style="text-align: center;">Coventry Godiva Harriers M45</p> <p>1 Martyn Brunt (12) 11:28</p>
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Fastest runners over stage 5:

1 Paul Butcher	Mansfiel45	10:17
2 Gregg McDonald	Richmond45	10:37
3 Michael Howard	LongEato45	11:00
4 Dean Furniss	Hallamsh45	11:01
5 Paul Birkett	SalfordH45 A	11:02
6 Antony Wright	Peniston45	11:18
7 David Brooksbank	Barnsley45	11:36
8 Paul Dobbs	SuttonIn45	11:38
9 Mark Foster	DulwichR45	11:46
10 Paul Risley	Rotherha45	11:53

Fastest of all legs

1 Darren Newbould	Hallamsh45	10:02
2 Shaun Dimelow	Peniston45	10:11
3 Tony Lambert	Richmond45	10:15
4 Paul Butcher	Mansfiel45	10:17
5 Stephen Davies	DulwichR45	10:22
6 Ian Whyman	Rotherha45	10:31
7 Stuart Maycock	Hallamsh45	10:33
8 Tony Tuohy	DulwichR45	10:36
9 Gregg McDonald	Richmond45	10:37
10 Roger Alsop	SalfordH45	A 10:41
= Mark Havenhand	Barnsley45	10:41